



Together, we can save a life

Fact Sheet

Health and Safety Services

Health and Safety Programs

COURSE:	Emergency Response
Course Code:	32600
Purpose	Train individuals with the knowledge and skills necessary to work as a first responder in an emergency to help sustain life, reduce pain, and minimize the consequences of injury or sudden illness until more advanced medical help can arrive.
Prerequisites	None
Learning Objectives	<ul style="list-style-type: none">• Explain how the EMS system works and how often the first responder's role in the EMS system differ from a citizen responder's role;• Describe steps to assure the well being of the first responder;• Identify guidelines to follow to ensure the personal safety of the first responder and the safety of others at an emergency scene;• Explain what happens in the body if one or more body systems fail;• Identify ways in which diseases are transmitted and describe body substance isolation techniques to prevent disease transmission;• Describe when to move a victim in an emergency and the appropriate methods for doing so;• Explain and demonstrate how to assess a victim's condition;• Recognize breathing emergencies, such as airway obstruction, and provide proper care for them;• Identify breathing devices and demonstrate how to use them;• Recognize the signs and symptoms of a possible heart attack, and describe how to care for someone who is experiencing persistent chest pain and/or other signs and symptoms of heart attack;• Recognize the signs of cardiac arrest, and demonstrate how to provide cardiopulmonary resuscitation (CPR);• Identify the major risk factors for cardiovascular disease and injury, and describe how to control them;• Recognize life-threatening bleeding and demonstrate how to control it;• Recognize the signs and symptoms of shock (hypoperfusion), and describe how to minimize its effects;• Recognize the signs and symptoms of various soft tissue and musculoskeletal injuries, and demonstrate how to care for them;• Recognize the signs and symptoms of medical and behavioral emergencies, including altered mental status, seizures, poisoning, heat and cold emergencies, and stroke and describe both general and specific care for medical and behavioral emergencies;• Describe common types of medical and trauma emergencies in infants and children and how to care for them; and



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	<ul style="list-style-type: none">• Explain the role of the first responder in EMS operations.
Length	Course with all optional lessons and enhancements - Approximately 52.5 hours Course with all optional lessons – Approximately 50.5 hours Course with no optional lessons – Approximately 46.6 hours
Instructor	Currently authorized Emergency Response instructor
Certification Requirements	<ul style="list-style-type: none">• Attend and participate in all course sessions;• Demonstrate competency in all required skills listed on the skills checklist;• Participate in all skills sessions and scenarios; and• Pass the final written exam with a score of 80 percent or better.
Certificates Issued and Validity Periods	CPR for the Professional Rescuer (ECC 2000) – 1 year Emergency Response – 3 years
Participant Products	<i>American Red Cross Emergency Response Textbook</i> (Stock No. 656523); and <i>American Red Cross Emergency Response Workbook</i> (Stock No. 656524)
