



Together, we can save a life

Fact Sheet

Health and Safety Services

Health and Safety Programs

Course:	Family Caregiving: Caring for a Loved one with Alzheimer's Disease or Dementia
Course Code:	31608
Purpose	To inform caregivers how to care for a person with Alzheimer's disease or dementia as well as to handle common behaviors associated with the disease.
Prerequisites	None
Learning Objectives	<ul style="list-style-type: none">▪ Understand and know how to deal with the common behaviors associated with Alzheimer's disease or dementia;▪ Understand how to provide for a person with Alzheimer's disease or dementia including daily activities such as bathing and eating; and▪ Recognize the signs of depression and understand that a person who cares for someone with Alzheimer's disease or dementia is at risk for depression.
Length	Approximately 1 hour
Leader	Currently affiliated Family Caregiving Leader
Certification Requirements	None
Certificates Issued and Validity Periods	<ul style="list-style-type: none">▪ Has attended.▪ None.
Participant Materials	<i>American Red Cross Family Caregiving: Caring for a Loved One with Alzheimer's Disease or Dementia</i> Participant's Booklet (StayWell Stock No. 653992)
