



Together, we can save a life

Fact Sheet

Health and Safety Services

Health and Safety Programs

Course:	Family Caregiving: General Caregiving Skills
Course Code:	31604
Purpose	To prepare individuals who are family caregivers to measure their loved one's vital signs such as pulse, respirations and body temperature and how to assist with medications.
Prerequisites	None
Learning Objectives	<ul style="list-style-type: none">▪ Understand how to take a person's temperature, pulse and respirations; and▪ Understand the importance of giving medication properly.
Length	Approximately 1 hour
Leader	Currently affiliated Family Caregiving Leader
Certification Requirements	None
Certificates Issued and Validity Periods	<ul style="list-style-type: none">▪ Has attended.▪ None.
Participant Materials	<i>American Red Cross Family Caregiving: General Caregiving Skills Participant's Booklet (StayWell Stock No. 653988)</i>
